



CLIENT BILL OF RIGHTS AND CONSENT FOR EFT SESSION(S)

Thank you for signing up for an EFT/Tapping Session. It is an honor to have you as a client.

As a certified EFT Practitioner through EFT Universe (www.eftuniverse.com), I will guide you through the EFT/Tapping process with the intent of clearing physical and emotional blocks to enhance the natural healing capacities of the body and the mind. This work can bring up uncomfortable emotional memories or feelings, and can leave the body feeling fatigued. Any emotional &/or physical discomfort is typically short-lived as we are working to clear, heal, and move past any discomfort.

Most EFT work is done without my physical touch, however, with your consent, I may occasionally assist you with the tapping process by tapping the meridian points on your body.

All information you share with me during our session is confidential. Exceptions to this confidentiality would occur ONLY if I were legally required to provide such information or if there appeared to be the potential for physical harm to you or another person.

If you have a physical injury, disease condition, or mental health disorder, please consult a licensed health or mental health professional. I do not and cannot medically diagnose or prescribe treatment.

Self-care is an extremely important part of this work and is your responsibility during our work together. If at any time during a session you are uncomfortable, you agree to inform me immediately so that I can accommodate your needs.

Each session is approximately 60 minutes. You can stop the EFT session at any time. In signing the acknowledgement, you agree that I may work with you in the above-described manner. I am happy to answer any questions regarding EFT and I also encourage you to express any concerns you may have.

Acknowledgement by Client:

I have read and understand the CLIENT BILL OF RIGHTS AND CONSENT FOR EFT SESSION(S) from Tessa Dowell

Client or Legal Guardian's Name Printed:

Address

Phone

Email

X Client or Legal Guardian's Signature

Date

Certified EFT Practitioner:

Tessa Dowell

Date